

RESIDENT Authored PUBLICATIONS

Sosa E, Zhao Yanting, **Maben A**, Maygren D, Ramalingam N, Hirschtritt M. Behavioral Health Education Use among Older Adult Patients. Poster presented at the American Geriatrics Society Annual Meeting; May 2025, Chicago, IL (publication submitted)

Shu AH, Shvartsur A, Hirschtritt ME, Ramalingam N, Maygren DJ. Development and Evaluation of an Introductory Course Series on Geriatric Mental Health for General Psychiatry Residents. *Acad Psychiatry*. 2025 Sep 22. doi: 10.1007/s40596-025-02189-5. Epub ahead of print. PMID: 40983854.

Mian MN, **Annam J**, Altschuler A, Does MB, Sterling SA, Satre DD, Campbell CI, Asyyed AH, Silver LD, Cunningham SF, Young-Wolff KC. Clinician perspectives on barriers and facilitators to the treatment of adolescent cannabis use: A qualitative study. *J Subst Use Addict Treat*. 2024 Nov 8;169:209559. doi: 10.1016/j.josat.2024.209559. Epub ahead of print. PMID: 39522766.

Abeldt BM, **Brown KH**, Wei J, Ramalingam ND, Hirschtritt ME. Changes in Service Use After Participation in an Intensive Outpatient Program Among Adults With Posttraumatic Stress Disorder. *Perm J*. 2024 Jul 9:1-8. doi: 10.7812/TPP/24.019. Epub ahead of print. PMID: 38978466.

Brown, K.H., Bal, B., Plauche, J.L., Sung, D., Hirschtritt, M.E. Burnout Among Psychiatry Residents and One Program's Approach to Creating a Culture of Wellness. *Perm J*. 2023 15;27(2):137-141. PMID: 37211881.

Chen, I.L., Koleilat, I., Choinski, K. et al. Trends in Ethnicity, Race, and Sex Among Psychiatry and Non-psychiatry Residency Applicants, 2008–2019. *Acad Psychiatry* (Aug 2021). <https://doi.org/10.1007/s40596-021-01441-y>. PMID: 33825171.

Chen, I.L. Insane consequences: how the mental health industry fails the mentally ill. *Journal of the American Academy of Psychiatry and the Law*, December 2021, 49 (4) 650-651; DOI: <https://doi.org/10.29158/JAAPL.210135-21>

He, J.Z., Hirschtritt, M.E., Wei, J., Ramalingam, N.D., Kahane, S.M., Velayos, F.S., Hassid, B.G. Psychiatric Diagnoses, Medication, and Service Use Among Patients Who Receive Emergency Care for Inflammatory Bowel Diseases. *Inflamm Bowel Dis*. 2023 Sep 4:izad190. doi: 10.1093/ibd/izad190. Epub ahead of print. PMID: 37665778.

Frawley EM, **Norris R**, **Chen IL**, Hirschtritt ME. A Novel Introduction to Transgender and Nonbinary Mental Health. *Acad Psychiatry*. 2022 Dec;46(6):787-788. doi: 10.1007/s40596-022-01642-z. Epub 2022 May 3. PMID: 35505272.

Patel, R., Ramalingam, N.D., Pal, A., Tran, H.N., Hirschtritt, M.E. Improving Internal Medicine Residents' Comfort Managing Psychiatric Conditions Through an Interactive, Case-Based Workshop. *Acad Psychiatry*. 2023 May 18:1–2. doi: 10.1007/s40596-023-01796-4. Epub ahead of print. PMID: 37202596; PMCID: PMC10195129.

- Shu AH**, Mathews CA, Voglmaier SM, Hirschtritt ME. Minding the Research Mentorship Gap During Psychiatry Residency. *Acad Psychiatry*. 2025 Apr 25. doi: 10.1007/s40596-025-02144-4. Epub ahead of print. PMID: 40281375.
- Shvartsur A**, Peterman K, Ramalingam ND, Eyal R, Khandhar S, Medina M, Hirschtritt ME. Psychotic-Spectrum Disorders With Comorbid Anxiety are Predisposing Factors for Parkinson's Disease in a Case-Control Study. *Perm J*. 2025 Jan 12:1-6. doi: 10.7812/TPP/24.131. Epub ahead of print. PMID: 39799392.
- Stahl HJ**, Bratlie RA, Hirschtritt ME. Breaking Silence, Building Resilience: Outcomes of a Course on Navigating Patient Suicide in Psychiatry Residency. *Acad Psychiatry* (2024). 10.1007/s40596-024-01992-w. PMID: 38844652.
- Walia H, Tucker LY, Manickam RN, Kene M, Berdahl C, Hirschtritt M**. Patient and Visit Characteristics Associated with Physical Restraint Use in the Emergency Department. 2023 Mar 15;27(1):94-102. doi: 10.7812/TPP/22.089. Epub 2022 Dec 4. PMID: 36464780; PMCID: PMC10013723.
- Walia H**. Forensic Psychiatry: Fundamentals and Clinical Practice. *Journal of the American Academy of Psychiatry and the Law*, September 2021, 49 (3) 453-454; DOI: <https://doi.org/10.29158/JAAPL.210092-21>.
- Weiner S, Lingafelter N, Ali M, Wu J, Walia H**, Wasser T, Hirschtritt M. A Brief, Seminar-Based Introduction to Forensic Psychiatry. *Acad Psychiatry*, 2022 Jul 19. 47(1):107-108. PMID: 35854173.
- Weiner SL**. The Roots of Modern Psychology and Law. *Journal of the American Academy of Psychiatry and the Law Online* September 2021, 49 (3) 454-456; DOI: <https://doi.org/10.29158/JAAPL.210097-21>
- Weiner SL, Bal B**, Hirschtritt ME, Barnard A. Insights from California on Involuntary Commitment for Substance Use. *J Am Acad Psychiatry Law*. 2024 Sep 3;52(3):338-346. doi: 10.29158/JAAPL.240054-24. PMID: 39060034.
- Wilson AE**. Thick Skin. *Acad Psychiatry*. 2024 Oct 29. doi: 10.1007/s40596-024-02077-4. Epub ahead of print. PMID: 39470969.
- Wu J**. Seeing Through the Eyes of the Another: A Brief Review of the 2020 Film “The Father.” *American Journal of Psychiatry Residents’ Journal*. Sept 8, 2022. <https://doi.org/10.1176/appi.ajp-rj.2022.180109>

RESIDENT Authored NATIONAL/REGIONAL MEETING ABSTRACTS

- He S.** Demographic and Clinical Factors Associated with Unhealthy Alcohol Use Among Transgender Adults in a Large Integrated Health System. 2026 APA Annual Meeting in San Francisco, CA, May 16-20.
- Avila S,** Ramalingam N, **He S, Darby-McClure D,** Hirschtritt ME, Sterling SA, Silverberg MJ, Leyden WA, Shu AH, Andrewson TS, Palzes VA, Obrutu OE. Interactions of gender identity and social factors in unhealthy alcohol use. Poster presented at: American Society of Addiction Medicine 2026 Annual Conference; April 23-26, 2026; San Diego. (**HONORABLE MENTION - RESIDENT**)
- Sosa E,** Zhao Yanting, **Maben A,** Maygren D, Ramalingam N, Hirschtritt M. Behavioral Health Education Use among Older Adult Patients. Poster presented at the American Geriatrics Society Annual Meeting; May 2025, Chicago, IL (3rd place Education Category)
- Shu A, Shvartsur A,** Hirschtritt ME, Ramalingam, ND, Maygren D. Development and Evaluation of an Introductory Course Series on Geriatric Mental Health for General Psychiatry Residents. Poster presented at the American Association of Directors of Psychiatric Residency Training Annual Meeting, March 4-8, 2025, San Francisco, CA.
- Stahl HJ,** Bratlie RA, Hirschtritt ME. Breaking Silence, Building Resilience: Outcomes of a Course on Navigating Patient Suicide in Psychiatry Residency. Poster presented at the American Psychiatric Association Annual Meeting, May 2024, New York, NY.
- Shvartsur A,** Peterman K, Ramalingam N, Eyal R, Khandar S, Medina M, Hirschtritt M. Are psychotic-spectrum disorders with comorbid anxiety and depression predisposing factors for Parkinson's disease. Poster presented at the American Neurological Association Annual Meeting, September 9-12, 2023 Philadelphia, PA. (**Poster of distinction**)
- Lingafelter N,** Wei J, Hirschtritt M, Ramalingam ND, Altman A. Changes in Acute Psychiatric Care Utilization after Participation in an Intensive Outpatient Program for Patients with Post-traumatic Stress Disorder. Poster presented at the American Psychiatric Association Annual Meeting, May 21-25, 2022, New Orleans, LA.
- Norris R,** Peterman K, Hojilla C, Shim J. Characterizing mental health-related diagnoses and mental health service use among adult patients prescribed pre-exposure prophylaxis for HIV prevention. Poster presented at the American Psychiatric Association Annual Meeting, May 21-25, 2022, New Orleans, LA.
- Walia H,** Tucker LY, Manickam RN, Kene M, Berdahl C, Hirschtritt M. Identifying Bias in the Emergency Department: A Retrospective Study of the Relationship Between Race/Ethnicity and Initiation of Physical Restraints for Behavioral Emergencies Within a Large, Diverse Integrated Healthcare System. APHA 2021 Annual Meeting & Expo, Oct 24-27, 2021, Denver and online. (and SCPMG psychiatry Symposium November 2021).
- He J,** Wei J, Ramalingam N, Kahane S, Hassid B. Increased Psychiatric Diagnoses and Utilization in High-Risk Patients with Inflammatory Bowel Disease. Poster presented at the American Gastrointestinal Society Scientific Meeting, Oct 22-27, 2021, Las Vegas, NV.
- Chen I,** Koleilat I, Choinski K, Phair J, Hirschtritt M. Trends in Ethnicity, Race, and Sex Among Psychiatry and Non-psychiatry Residency Applicants, 2008-2019. Poster presented at the American Psychiatric Association Annual Meeting, May 1-3, 2021, virtual meeting.

Chen I, Koleilat I, Choinski K, Phair J, Hirschtritt M. Gender and Racial/Ethnic Representation Among Psychiatry and Non-Psychiatry Residency Applicants, 2008-2019. Poster presented at 2021 AMWA LEADS Virtual Meeting; March 25-28, 2021. <https://www.amwa-doc.org/amwaleads2021/> 2nd place Resident Poster Award in Original Research