

KAISER PERMANENTE OAKLAND MEDICAL CENTER

OBSTETRICS AND GYNECOLOGY RESIDENCY PROGRAM

KNOWLEDGE APPLIED NORTHERN CALIFORNIA RESIDENCY PROGRAMS

Kaiser Permanente has been committed to graduate medical education for more than 70 years.

Kaiser Permanente Oakland's Obstetrics and Gynecology Residency Program provides academic training within a world-class health care organization for a large and diverse patient population. We foster the professional and personal development of our trainees in an integrated, scholarly and supportive environment. Our residents follow patients longitudinally through all aspects of the continuum of care, and achieve thorough exposure to principles of population management, quality improvement and team-based acute and chronic care – the cornerstones of Kaiser Permanente medicine.

Program Highlights

In 1947, shortly after opening its doors, Kaiser Permanente Oakland Medical Center established a residency training program in Obstetrics and Gynecology. Today, inpatient obstetrical care takes place at the Oakland Medical Center with both the Oakland and Richmond facilities supporting gynecologic surgery. Our has expanded to 6 residents per year.

Our mission is to train compassionate, skilled, and socially responsible obstetricians and gynecologists who practice thoughtful evidence-based medicine. Our program strives to advance women's health care and health equity through advocacy, research, quality improvement, and community outreach. We are dedicated to providing excellent care to the diverse Oakland community and to engaging actively in ongoing struggles for reproductive and social justice.



"It is an incredible honor to serve as program director for a group of residents with unparalleled dedication to both clinical excellence and social justice alike."

"Our program's objective is to develop each individual resident into an outstanding obstetrician and gynecologist whilst supporting their individual passions and goals."

Erika Deraleau, MD
Program Director



"We have high expectations for our residents and our selection process is very competitive. Our program fills six categorical positions each year."

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C-section simulation



"What makes us unique is our training pairs. Every intern is paired with a third-year resident and the pair functions as one resident for the first 4 months of residency. Each individual intern gets to learn at their own pace and we are challenged when it is time to be a "trainer". I thought training pairs were great when I was an intern but I think I have learned a lot more as the trainer than the trainee and appreciate the structure even more now."

- Recent Graduate

"After graduation I have realized what incredible training we truly have at Kaiser Oakland. We see a wide variety of pathology and our surgical experience (particularly laparoscopy) is excellent. I feel comfortable as a new attending and confident in my skills."

- Recent Graduate



Curriculum

Our curriculum provides a strong foundation to be an excellent Ob/Gyn Generalist or to pursue fellowship. In recent years, our graduates have entered fellowships in Family Planning, Urogynecology and Reconstructive Pelvic Surgery, Pediatric and Adolescent Gynecology, Gynecologic Oncology, Maternal Fetal Medicine, and Reproductive Endocrinology & Infertility.

Our program offers several unique experiences: 2 elective months in the PGY3 year, an optional intensive health policy training, participation in hospital quality and peer review committees, progressive assumption of teaching responsibilities, individual and "class" mentorship, and certification in robotic surgery. We also offer training pairs wherein a third-year resident mentors an incoming PGY1 through the first few months of residency – leading to a smoother transition from student to physician.

Many of our residents participate in global health experiences during their elective months. Former residents have spent time in Nigeria, Ghana, Peru, Ecuador, Nicaragua, Kenya, Argentina, Vietnam, Guatemala, the Philippines and Cambodia. In this way we foster advocacy and health equity beyond the Bay Area.

Didactics: We offer instruction in multiple formats, including hands-on patient care, didactic lectures, simulation, surgical skills labs, obstetric and gynecologic "Olympics," and mock oral examinations. Protected teaching time is on Tuesday morning, in addition to the following noontime and Thursday morning conferences:

- Obstetrical morbidity and mortality (M&M)
- Surgical M&M
- Perinatal M&M
- Pre-operative conference
- Fetal Treatment conference
- Gynecologic radiology conference
- Grand rounds
- Journal club
- Resident research presentations

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Research/Quality Improvement

Our goal is to familiarize residents with research and quality improvement techniques through first-hand experience. Each resident completes a project with the goal of presenting and publishing their findings. We aim to foster the spirit of scientific inquiry to establish a long-term interest in quality improvement and research, as this is a cornerstone of continued evolution as an obstetrician gynecologist.

Required Project: Residents are required to present a research or quality improvement project at the Kaiser Permanente Northern California Obstetrics and Gynecology Resident Research Symposium. This symposium is held in conjunction with Kaiser Permanente's Obstetrics and Gynecology Residency Programs in San Francisco and Santa Clara.

2025 Resident Research Projects:

- Victoria Dillard, MD, MS Kaiser Oakland (Presenting NASPAG) Menstrual Suppression and Management in Adolescents on Anticoagulation "Surgical Complications of Hysterectomy in Transgender Men and Gender Nonbinary Persons"
- Onyemaechi Anoruo, MD, MPH, MS Kaiser Oakland Prevalence and Predictors of Uninsurance Among a National Sample of Farmworker Women in the United States
- Tiffany Guerra, MD Kaiser Oakland Salpingo-Oophorectomy at Time of Benign Hysterectomy: A Demographic Analysis in an Integrated Healthcare System
- Kelly Banta, MD, Kaiser Oakland The Hidden Impact: How COVID-19 Shaped Intimate Partner Violence Disclosure Shammah Okai, MD Kaiser Oakland Myomectomy Rates and Trends: Demographic, Clinical, and Healthcare Variations within a Large Integrated Healthcare System



Rotation Schedule

PGY 1

- 2 months – Obstetrics Service
- 2 months – Gynecologic Surgery Service
- 2 months – Night Float
- 1 month – Ancillary Obstetrics
- 1 month – Community Medicine
- 1 month – Maternal-Fetal Medicine
- 1 month – Emergency Medicine
- 2 weeks – Pathology (fetal and placental)
- 2 weeks – Ultrasound
- 2 weeks – ICU
- 2 weeks – Palliative Care

PGY 2

- 2 months – Obstetrics Service
- 4 months – Gynecologic Surgery Service
- 2 months – Gynecologic Oncology Service
- 2 months – Night Float
- 1 month – Family Planning
- 1 month – Reproductive Endocrinology and Infertility

PGY 3

- 2 months – Gynecologic Surgery Service
- 2 months – Flex Surgery Service
- 1 month – Ambulatory Clinic
- 1 month – Family Planning
- 2 months – Elective
- 2 months – Obstetrics Service
- 1 month – Night Float
- 1 month – Jeopardy Rotation

PGY 4

- 2 months – Obstetrics Service
- 2 months – Gynecologic Surgery Service
- 2 months – Gynecology Flex Surgery Service
- 2 months – Ambulatory Clinic
- 2 months – Gynecologic Oncology Service
- 1 month – Night Float
- 1 month – Jeopardy Rotation



PATIENT DIVERSITY. URBAN SETTING. ACADEMIC FOCUS. SUPPORTIVE ENVIRONMENT. PHYSICIAN EXCELLENCE.

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Lifestyle

We understand the personal and academic demands of residency training, and encourage our residents to form bonds and socialize with each other outside of the hospital setting. The San Francisco Bay Area, with its vibrant cultural life, temperate climate and vast array of outdoor recreational activities, is arguably one of the best places to live in the world. Oakland is a sophisticated, metropolitan community known for its diverse population and tolerant spirit. It boasts excellent restaurants, world-class performing arts, fascinating museums and beautiful parks. And it is just hours away from skiing, camping, surfing and natural wonders like Lake Tahoe and Yosemite National Park.

Clerkships

Students from the University of California, San Francisco (UCSF) rotate through our program during their core third-year Ob/Gyn clerkship or in KLIC (the Kaiser Longitudinal Integrated Clerkship, a year-long, third-year medical student experience). Interactions with these students enable our residents to enhance their teaching skills. Fourth-year medical students also rotate through our department during sub-internships. Clerkships are encouraged but not required for applicants who are seriously considering our residency program.



Intern Orientation 2023

More Information

To learn more about our **residency program**, please visit our website at <https://residency-ncal.kaiserpermanente.org/programs/obgyn/oakland/> or contact us at Ayrika.x.mure@kp.org.

To learn more about our **sub-internships**, please go to <https://residency-ncal.kaiserpermanente.org/med-students/obgyn/>.