KAISER PERMANENTE NORTHERN CALIFORNIA RESIDENCY PROGRAMS Internal Medicine Residency at KP Oakland, January 2024 – June 2025

RESIDENT First-Authored PUBLICATIONS

- Wick JW, Pelliccione A, Tran NH, Skarbinski J. Concurrent Sexually Transmitted Infections with Mpox Infections: A Brief Review. Perm J. 2024; 28(1):42-45. PMID: 38192218
- **Shin ED**, Tran NH, Ramalingam ND, Liu T, Fan E. Rate Versus Rhythm Control for Atrial Fibrillation. Perm J. 2024; 28(1):81-85. PMID: 38073307
- Macko CA, Santos R, Ramalingam ND, Tran N, Zheng S, Chen PP. "Lupus Doesn't Have Me, I Have Lupus": Using Patient-Centered Interviews to Understand Medication Nonadherence. Perm J. 2024; 28(3):84-90. PMID: 39042384
- **Pelliccione A**, Modaressi S, Fireman B, Layefsky E, Klein NP, Luu MN, Zerbo O. Trends in Gonorrhea and Chlamydia Testing and Infections Across the COVID-19 Pandemic in Adolescents and Young Adults in an Integrated Health System. J Adolesc Health. 2024; 75(6):952-957. PMID: 39152973
- Qian CW, Lo JC, Ramalingam ND, Gordon NP. Use of Five Complementary Health Modalities Relevant to Lifestyle Medicine: A 2020 Survey of Northern California Adults Aged 35-79 years. Am J Lifestyle Med. 2024; Oct 12:15598276241290431 (online ahead of print). PMID: 39540173
- **Wick JM**, Ni Y, Halmer N, Wong RJ, Chitnis AS, Jaganath D, Krueger AL, Skarbinski J. Tuberculosis and Chronic Hepatitis B Virus Infection Screening Among Non-US-Born Persons in an Integrated Health System in California. Open Forum Infect Dis. 2024; 11(9):ofae484. PMID: 39296340
- **Costantini JG**, Lo JC, Ko J, Chandra M, Huang P, Darbinian JA, Arroyo AC. Ethnic Variation in Asthma Prevalence Across Childhood in the Asian American and Pacific Islander Population. Chest. 2025; 167(2):343-347. PMID: 39181377
- **Zhang S**, Darbinian JA, Greenspan LC, Naderi S, Ramalingam ND, Lo JC. Hypertensive Blood Pressure in Adolescent Females with Polycystic Ovary Syndrome: Adolescent PCOS and hypertensive blood pressure. Am J Prev Med. 2025; 68(2):408-411. PMID: 39419235
- **Zeng B**, Darbinian JA, Chen KK, Arzumanyan H, Zheng S, Lo JC. Incident Albuminuria and Ethnicity Among Adults with Diabetes in an Integrated Health Care System in the United States. Kidney Med. 2024; 6(11):100907. PMID: 39524025
- **Shin ED**, Liu J, Moffet H, Gulati M, Virani SS, Karter AJ, Sidney S, Rana JS. Sex Differences in Kidney Function and Atherosclerotic Cardiovascular Disease. Am J Prev Med. 2025; 68(1):204-206. PMID: 39142500
- **Shin ED**, Fan E. A Case Report of Critical Aortic Stenosis Diagnosed Utilizing Non-imaging Continuous Wave Doppler Probe. Eur Heart J Case Rep. 2024; 8(10):ytae501. PMID: 39359368
- **Dahabreh D**, Lo JC, Chandra M, Chiou AS, McCleskey PE, Darbinian JA, Ko J, Arroyo AC. Atopic Dermatitis Prevalence among Asian American and Pacific Islander Children: A Retrospective Study in a Northern California Health Care System. J Am Acad Dermatol. 2025; 92(6):1413-1416. PMID: 39933612
- **Dani A**, Lo JC, Darbinian JA, Ramalingam ND, Mirmirani P. Racial and Ethnic Differences in the Burden of Alopecia Areata in Contemporary Pediatric Practice. Pediatr Dermatol. 2025 May, PMID: 40406966





























RESIDENT First-Authored NATIONAL MEETING ABSTRACTS

American College of Cardiology, ACC (2024 Atlanta, 2025 Chicago)

- **Shin E, Naidu A,** Fan E. Streptococcus Mitis endocarditis leading to acquired Gerbode defect and atrioventricular block (2024).
- **Chang AJ**, Go AS, Chandra M, Carbone LD, Fink HA, Ott SM, Adler RA, Garcia EA, Lo JC. Heart Failure is an Independent Risk Factor for Incident Osteoporotic Fracture in a High-Risk Older Population (2025)
- **Seto BK**, Darbinian JA, **Njuguna VW**, Ho F, Lo JC. Racial and Ethnic Differences in Metabolic Risk Clustering in Adolescents with Obesity in a Large Multiracial Cohort (2025).
- **Naidu A, Njuguna V**, Rana JS, Teng AE. Double Trouble: A Rare Case of Dual Vessel Myocardial Bridging. Abstract presented at the American College of Cardiology Scientific Sessions (2025).

American Heart Association, AHA (2024 Chicago)

- **Njuguna V**, Greenspan LC, Chandra M, Bacong AM, Darbinian JA, **Chu CE**, Lo JC, Rodriguez LA. US Asian and Pacific Islander adolescents with obesity have triple the risk of prediabetes when compared to non-Hispanic White children (2024, encore from Best of Specialty Conferences AHA Epi Lifestyle)
- **Njuguna V, Zhang S**, Darbinian J, Ramalingam N, Naderi S, **Shin E**, Lo JC. Variation in hypertensive blood pressure and association with body mass index in a disaggregated population of Asian and Pacific Islander adolescents (2024)
- **Shin E**, Gordon NP, **Njuguna V**, **Naidu A**, Rana J, Lo JC. The burden of ischemic heart disease, hypertension, diabetes mellitus, and obesity among older Latino and Chinese adults with and without limited English proficiency (2024)
- **Naidu A**, Gordon N, Ramalingam N, **Njuguna V**, **Shin E**, Majid I, Lo J. Obesity Prevalence Differs by Asian Ethnicity across the Adult Lifespan (2024) *Moderated Poster*

American Heart Association EPI/Lifestyle, AHA-EPI (2024 Chicago, 2025 New Orleans)

- **Njuguna V**, Greenspan LC, Chandra M, Bacong AM, Darbinian JA, **Chu CE**, Lo JC, Rodriguez LA. US Asian and Pacific Islander Adolescents with Obesity have Triple the Risk of Prediabetes when compared to Non-Hispanic White Children (2024) *Oral Presentation, EPI Underrepresented Group Travel Grant*
- **Njuguna V**, Lo J, Darbinian J, Ramalingam N, Nash S, Rodriguez L. Spanish Language Preference is not associated with Prediabetes Risk in Hispanic Latino Adolescents with Overweight or Obesity in an Integrated Healthcare System (2025)

American Geriatrics Society, AGS (2024 Virtual)

- Qian CY, Lo JC, Gordon NP. Lifestyle Medicine gaps and interest among older adult women (2024)
- **Yin C**, Darbinian JA, Lo JC, Gopalan A, Arzumanyan H. Lower Insulin Use Among Older Asian and Pacific Islander Adults with Diabetes (2024)

American College of Rheumatology, ACR (2024 Washington DC)

- **Chen J**, Chandra M, Carbone L, Schousboe J, Garcia E, Lo J. Site-specific Differences in the Association of Non-Vertebral Major Osteoporotic Fractures and Rheumatoid Arthritis (2024)
- **Chen J, Selvam T**, Darbinian J, **Macko C**, Ramalingam N, Lo J, Liu L. More than a monolith: Disaggregating rheumatoid arthritis prevalence among Asian American subgroups (2024)

American College of Physicians April 18-20, 2024, Boston, MA Boston Convention & Exhibition American Heart Association Nov 16-18, 2024, Chicago, IL McCormick Place Convention Ctr American College of Rheumatology Nov 14-19, Washington DC Walter E. Washington Convention Ctr















American Academy of Allergy, Asthma & Immunology, AAAAI (2024 Washington DC)

Nguyen E, Ko J. Successful treatment of ABPA with benralizumab in a patient with cystic fibrosis (2024)

American College of Allergy, Asthma, and Immunology, ACAAI (2024 Boston)

Dahabreh D, Lo J, Chandra M, Chiou A, Darbinian J, Arroyo AC. Atopic dermatitis and its association with asthma among Asian American and Pacific Islander Children (2024)

American Society of Clinical Oncology, ASCO (2024 and 2025 online abstracts)

- **Nortey J, Lynch A,** Lyon L, Ramalingam N, Liu R. Beyond the Pain: Decoding opioid use in advanced cancer ED visits (2024, online abstract).
- **Tamima S**, Banerjee S. Eliciting the patient perspective: Using design-thinking methodology to assess the utility of incorporating narrative medicine tools in inpatient cancer (2025)

American Thoracic Society, ATS (2024 San Diego, 2025 San Francisco)

- **Yao J**, Lo J, Gordon N. Asthma Prevalence differs by primary spoken language among US Chinese and Latino adults (2024)
- **Yao J,** Le P. Sucking it up: A case of negative pressure ventilation use in management of lymphedema in yellow nail syndrome (2024)
- **Costantini J**, Lo J, Ko J, Chandra M, Darbinian J, Arroyo AC. Ethnic variation in asthma prevalence across childhood in the Asian American and Pacific Islander population (2024) *Oral Presentation*
- **Jordan M, Marquez A,** Velotta J. Management of stage IVa thymoma with Lambert-Eaton myasthenic syndrome in a post-partum female (2024)
- **Kumaravelu S**, Tran N, Banerjee S. Using an empathy map and design thinking to improve emotional debrief after Code Blue for Internal Medicine residents (2024)
- Yang T, Panchal A, Yao J, Guarnieri M, Le PT. A popping case of fibrotic interstitial lung disease in the setting of inhaled amyl nitrite use (2024)
- **Chang A**, Velotta J, Jones D, Kwaan N. A Case of Lymphangeioleiomyomatosis Requiring Tissue Pathology for Confirmatory Diagnosis (2025)
- **Deng A**, Cunningham A, Kwaan NJ. Consideration of Inhaled Volatile Nitrates "Poppers" in Workup of Hypoxemia (2025)

CHEST (2024 Boston)

- **Chen J**, Tran N, Ramalingam N, **Selvam T**, Chen PP. Head, shoulders, lungs and toes: A case of antisynthetase syndrome (2024) *Rapid Fire Presentation*
- **Yao J**, Ghaus S, Gordon N, Lo J, Ramalingam N, Doo K. The Importance of Examining Obstructive Sleep Apnea in Disaggregated Asian & Native Hawaiian/Pacific Islander Subgroups (2024) *Oral Presentation*
- **Macko C**, Seigel T, Morehouse J, Tucker LY, Liu V. Fluid Resuscitation in Severe Sepsis: A Retrospective Study of Kaiser Permanente Northern California Cohort (2024) *Rapid Fire Presentation*
- **Weber J**, **Macko C**, Lee B. Type B lactic acidosis in two patients with hemophagocytic lymphohistiocytosis: A small case series (2024)

American College of Physicians
April 3-5, 2025, New Orleans, LA
New Orleans Conventior Ctr

CHEST

October 6-9, 2024, Boston, MA Boston Convention & Exhibition American Thoracic Society
May 17-21, 2025, San Francisco, CA
Moscone Convention Center















American College of Physicians, ACP National (2024 Boston)

Macko CA, Shin E, Le P. Pain, palsies, pink sputum: A case of suspected microscopic polyangiitis (2024). *Northern California Chapter Resident Research Winner*

Assoc for Multidisciplinary Education & Research in Substance Use & Addiction (AMERSA, 2024 Chicago)

Mirzazadeh C, Remler I, Berman R, Banerjee S, Mazotti L. Supporting Patients with Alcohol Use Disorder Through Lifestyle Changes Using Design Thinking: A Model for Internal Medicine Residency Curricular Intervention (2024)

American Academy of Dermatology, AAD (2024 San Diego/Hybrid)

Haynes MM, Lee YE, Darbinian JA, Mundluru SN, Ramalingam ND, Lo, JC, McCleskey PE. Inverse association of obesity and acne in adolescent males: A population-based study (2024)

Skin of Color (2024 New York)

Dani AA, Lo JC, Darbinian JA, Ramalingam ND, Mirmirani P. Racial and ethnic differences in prevalence of alopecia areata in contemporary pediatric practice (2024)

Dani AA, Banerjee S. Museum-based visual thinking strategies as an educational tool for pathology in skin of color (2024)

American College of Gastroenterology, ACG (2024 Philadelphia)

Kapoor C, Wei J, Ramalingam N, Hassid B. Trends in the Prevalence of Diagnosed Inflammatory Bowel Disease among Asian Subgroups in a Large Northern California Population (2024) *Presidential Poster*

Kapoor C, Zhang S, Ramalingam N, Liverant M, Ku L, Hassid B. Keeping You Full and Clear: Low Residue Diet One Day Prior to Colonoscopy (2024)

Digestive Disease Week, DDW (2025 San Diego)

Kapoor C, Jiang SF, Ramalingam N, Radhakrishnan K. De-Liver-Ing the Update on Autoimmune Hepatitis Hospitalizations: Predictors and Outcomes of Hospitalization in a Large and Contemporary Population in Northern California (2025) *Oral Presentation*

Murphy R, von Coll S, Fine L, Geoffroy D, Ramalingam N, Hassid BG. Enhancing IBS Management: A Standardized Gastroenterologist-Led IBS Group Education Approach (2025)

Murphy R, Ingraham A, Tran NH. Stranger Danger – A Case Report of Transient Radiographic Foreign Bodies Due to Bismuth Subsalicylate Ingestion (2025)

Pediatric Academic Societies, PAS (2025 Honolulu)

Seto B, Darbinian J, Gunderson E, Greenspan L, Lo J. Diverging Pediatric Growth Patterns Across Body Mass Index Population Centiles Among Asian Subgroups (2025) *Oral Presentation*

Chang AJ, Darbinian JA, Seto BK, Gunderson EP, Lo JC. Demographic trends in pediatric weight status in a US healthcare population from 2021 to 2023 (2025)

Digestive Disease WeekMay 17-21, 2025, San Diego, CA
San Diego Convention Center

American College of Gastroenterology October 25-30, 2024, Philadelphia, PA Pennsylvania Convention Center Pediatric Academic Societies April 24-28, 2025, Honolulu, HI Hawai'i Convention Center