

Kaiser Permanente Northern California (Oakland) Psychiatry Residency Program

PGY 1

Block	1	2	3	4	5	6	7	8	9	10	11	12
Site	1	1	1	1	1	1	1	1	2	2	2	2
Rotation Name	Inpt Med	Inpt Med	Inpt Med	Cards / Nephro	Neuro	Neuro	IOP/WC/OP	IOP/WC/OP	Inpt Psy	Inpt Psy	Inpt Psy	Inpt Psy
% Outpatient	0	0	0	0	0	0	90	90	0	0	0	0
% Research	0	0	0	0	0	0	0	0	0	0	0	0

NOTES:

- **Sites:** **1** - Kaiser Permanente (KP) Oakland Medical Center, **2** – Telecare Heritage Psychiatric Health Facility, **3** – KP Fremont Medical Center, **4** - KP Richmond Medical Center, **5** – Alameda Health System / John George Psychiatric Hospital
- **Key:** **Cards / Nephro** = 2 weeks each on inpatient Cardiology and Inpatient Nephrology, **Inpt Med** = Inpatient Medicine, **Inpt Psy** = Inpatient Psychiatry, **Neuro** = Neurology, **IOP/WC/OP** = Intensive Outpatient Program/Wellness Club/Outpatient Adult Clinic.
- **Vacation:** Residents have 4 weeks of vacation.
- **Research Track:** Residents who have an interest in research must notify the Program Director prior to the end of PGY1 in order to be eligible for protected time in the last 12 weeks of their PGY2 schedule.
- **Other:** Half of the resident class spends their first 6 months on non-psychiatric rotations while the other half spends 6 months on psychiatric rotations. After 6 months each cohort of residents. Residents rotating on psychiatry spend one half-day per week in didactics. Weekend C-L call occurs between PGY1-3, beginning with a limited buddy-call experience where PGY1's are paired with a PGY2. Internal Medicine currently has a rotating long-call system, but no overnight call.

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PGY2

Block	1	2	3	4	5	6	7	8	9	10	11	12
Site	1	1	1	1	3	3	1,4	1,4	5	5	5	5
Rotation Name	AMRS	AMRS	C-L	C-L	Inpt Psy	Inpt Psy	CAP	CAP	Inpt Psy	Inpt Psy	PES	PES
% Outpatient	90	90	0	0	0	0	90	90	0	0	0	0
% Research	0	0	0	0	0	0	0	0	0	TBD	TBD	TBD

NOTES:

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- **Key:** **AMRS** = Addiction Medicine Recovery Service, **CAP** = Child and Adolescent Psychiatry, **C-L** = Consultation-Liaison, **Inpt Psy** = Inpatient Psychiatry, **PES** = Psychiatric Emergency Service.
- **Vacation:** Residents have 4 weeks of vacation.
- **Research Track:** Residents who fulfill the eligibility receive approval from the Program Director for 0.5 days per week protected time for up to 12 weeks at the end of PGY2 to identify a research mentor and to develop a research proposal.
- **Other:** Residents spend one half-day per week in didactics. Weekend C-L call occurs between PGY1-3, with the majority occurring during PGY2. The total C-L call for PGY1-3 results in an additional 22-23 days of service experience. There is currently no overnight call.

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PGY3

Block	1	2	3	4	5	6	7	8	9	10	11	12
Site	1	1	1	1	1	1	1	1	1	1	1	1
Rotation Name	ROC	ROC	ROC	ROC	ROC	ROC	ROC	ROC	ROC	ROC	ROC	ROC
% Outpatient	90	90	90	90	90	90	90	90	90	90	90	90
% Research	TBD	TBD	TBD	TBD	TBD	TBD	TBD	TBD	TBD	TBD	TBD	TBD

NOTES:

- **Sites:** **1** - Kaiser Permanente (KP) Oakland Medical Center, **2** – Telecare Heritage Psychiatric Health Facility, **3** – KP Fremont Medical Center, **4** - KP Richmond Medical Center, **5** – Alameda Health System / John George Psychiatric Hospital
- **Key:** **ROC** = Resident Outpatient Clinic, **TBD** = To Be Determined
- **Vacation:** Residents have 4 weeks of vacation.
- **Scholarly Activity/Research Track:** Residents have time during their first few months of PGY3 to work on scholarly activity while they build their outpatient panel. Residents who fulfill the eligibility requirement for the Research Track will be approved for 0.5 days a week protected time during PGY3.
- **Other:** Residents spend one half-day per week in didactics. Residents also spend two half-days a week over a 4-month period on the Geriatric Outpatient Rotation at the ROC.

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PGY4

Block	1	2	3	4	5	6	7	8	9	10	11	12
Site	1, TBD	1, TBD	1, TBD	1, TBD	1, TBD	1, TBD	1, TBD	1, TBD	1, TBD	1, TBD	1, TBD	1, TBD
Rotation Name	ROC/ LEAD/E LEC	ROC/ LEAD/E LEC	ROC/ LEAD/E LEC	ROC/ LEAD/E LEC	ROC/ LEAD/E LEC	ROC/ LEAD/E LEC	ROC/ LEAD/E LEC	ROC/ LEAD/E LEC	ROC/ LEAD/E LEC	ROC/ LEAD/E LEC	ROC/ LEAD/E LEC	ROC/ LEAD/E LEC
% Outpatient	50/TBD	50/TBD	50/TBD	50/TBD	50/TBD	50/TBD	50/TBD	50/TBD	50/TBD	50/TBD	50/TBD	50/TBD
% Research	TBD	TBD	TBD	TBD	TBD	TBD	TBD	TBD	TBD	TBD	TBD	TBD

NOTES:

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- **Key:** **ROC** = Resident Outpatient Clinic, **LEAD** = Chief Resident or Selective Leadership Experience, **ELEC** = Elective Rotation, **TBD** = To Be Determined
- **Vacation:** Residents have 4 weeks of vacation
- **Research Track:** Residents who fulfill the eligibility requirement for the Research Track may receive 2 days a week of protected time for research during the entirety of PGY4.
- **Other:** On a weekly basis residents spend 2.5 days in ROC and 0.5 days in didactics. The remaining 2 days per week are spent in the following ways: 2 residents are selected by peers, faculty and the Admin team to be Chief Residents for 12 months; all other residents are required to do a Selective Leadership Experience on C-L, an inpatient service, or an outpatient service at 20% time for 12 months. The remaining time is allocated for electives which applies to all PGY4 residents.
- **Elective Rotations and Selective Leadership Experiences:**

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Tracks:	Elective / Selective Rotations:	Selective Leadership Experiences:
Medical Education*	Crisis Walk-in Clinic (Oakland)	C-L Service
Psychotherapy*	ECT (Fremont)	John George Psychiatric Hospital Inpatient
Research	Forensic Psychiatry (Napa State Hospital)	Telecare Heritage Inpatient
	Perinatal Clinic (Oakland)	
	TMS (Oakland)	

*in development for July 2024 start date