# **KAISER PERMANENTE** NORTHERN CALIFORNIA RESIDENCY PROGRAMS Internal Medicine Residency at KP Oakland, January 2022 – July 2023

# **RESIDENT First-Authored PUBLICATIONS**

- **Kizzee OP**, Lo JC, Ramalingam ND, Rana JS, Gordon NP. Differential cardiometabolic risk factor clustering across U.S. Asian ethnic groups. *Am J Prev Med.* 2022;62(2):e129-e131
- Khil J, Darbinian JA, Guo L, Greenspan LC, Ramalingam ND, Lo JC. Ethnic diversity and burden of polycystic ovary syndrome among US adolescent females. J Pediatr Endocrinol Metab. 2022;35(6):821-825
- Juergens N, Wei J, Cullen E, Graubard M, Gupta VK, Weintraub MR, Sax D, MD. Downstream acute care utilization following initial prescription of an opioid pain reliever among emergency department patients with low-severity conditions. *Perm J.* 2022;26(1):47-56
- Himmelstein J, Lyon L, Gong C, Conell C, Ramalingam N, Chavez K, Virk L, Gonzalez R. Advance directive completion among Black adults within a community-based integrated health care system. Perm J. 2022;26(3):69-73
- Zeng B, Rivadeneira NA, Wen A, Sarkar U, Khoong EC. The impact of the COVID-19 pandemic on internet use and the use of digital health tools: Secondary analysis of the 2020 Health Information National Trends Survey. J Med Internet Res. 2022;24(9):e35828
- Lien IC, Vinson DR, Ramalingam ND, Tran HN, Liu TI. A case report of cold drinks and food as a trigger of paroxysmal atrial fibrillation. Perm J. 2022;26(4):110-113
- Vicks W, Lo J, Guo L, Rana JS, Zhang S, Ramalingam N, Gordon N. Prevalence of prediabetes and diabetes vary by ethnicity among U.S. Asian adults at healthy weight, overweight, and obesity ranges: an electronic health record study. BMC Public Health. 2022;22(1):1954
- **Oh DHW**, Tran NH, Ramalingam ND, Alie MD, Reidenouer A, Nguyen K, **Li CF**. Stop to plan ahead: Comparing resident-led interventions to increase referrals to Advance Care Planning. Perm J. 2022; 26(4):104-105
- Juergens N, Huang J, Gopalan A, Muelly E, Reed M. The association between video or telephone telemedicine visit type and orders in primary care. BMC Med Inform Decis Mak. 2022;22(1):302
- **Haysbert DB**, Lo JC, Ramalingam ND, Gordon NP. Cardiovascular disease risk factors among middle-aged and older adult Vietnamese American members of a Northern California health plan. *Public Health Rep.* 2023; 138(1):123-130
- **Oh DHW**, Conell C, Lyon L, Ramalingam ND, Virk L, Gonzalez R. The association of Chinese ethnicity and language preference with advance directive completion among older patients in an integrated health system. J Gen Intern Med. 2023;38(5):1137-1142
- Nwosu UA, Darbinian JA, Chen KK, Zeng B, Arzumanyan H, Lo JC, Zheng S. Prevalence of albuminuria among adults with diabetes and preserved estimated glomerular filtration rate by race and ethnicity. Diabetes Care. 2023; 46(3):e78-e80
- **Ho SB**, Li CF, Chandra M, Lo JC. Vitamin D status among women of different Asian subgroups initiating osteoporosis therapy. Journal of Asian Health. 2023;3(1):February
- **Wick JM, Pelliccione A**, Lee-Rodriguez C, Tran N, McCleskey PE, Nichol A. Skarbinski J. An atypical presentation of mpox transmitted between transgender males through oral sex. Sex Transm Dis. 2023 May 12
- Lee Y, Ye M, Tully J, Salah S, Kerob D, Abuabara K. Impact of dermatitis on health-related quality of life: Data from the Nat'l Health & Nutrition Examination Survey. J Eur Acad Dermatol Venereol. 2023; 37(2):e175-9
- **Engel T**, Gowda D, Sandhu JS, Banerjee S. Art interventions to mitigate burnout in health care professionals: A systematic review. Perm J. 2023;27(2):184-194
- Khan AA, Tran HN, Lai JA, Wang KH, Lee J, Avins AL, Eaton A. A learning health system approach to increasing human papillomavirus immunizations among young adults. Perm J. 2023;27(2):31-36
- Fatoki RA, Koehn K, Kelkar A, Al Hadidi S, Mehra N, Mian H, Landgren O, Kazandjian D, Hoffman J, Sborov DW, Mohyuddin GR. Global myeloma trial participation and drug access in the era of novel therapies. JCO Glob Oncol. 2022;8:e2200119
- Zhang S, Ramalingam ND, Chandran C. Unmasking resident physician burnout during the COVID-19 era. Perm J. 2023; 27(2):179-183

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# **RESIDENT First-Authored NATIONAL MEETING ABSTRACTS**











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## American College of Cardiology, ACC (2022 Washington DC; 2023 New Orleans)

- Lien C, Enders C. Titin gene mutation: Are you familiar with this Titan of a familial cardiomyopathy? (2022) Njuguna V, Ramalingam N, Chandra M, Darbinian J, Lo JC. Type 2 diabetes prevalence in a diverse cohort of adolescent girls with obesity (2023)
- Njuguna V, Enders C. Late onset hypertrophic cardiomyopathy in an older adult with liver transplant history and chronic tacrolimus therapy (2023)

#### American Heart Association, AHA (2022 Chicago)

- Vicks W, Lo JC, Rana JS, Ramalingam ND, Gordon NP. Differential burden of prediabetes and diabetes among Asian subgroups in a large US healthcare system (2022)
- Lien I, Macko CA, Rana JS, Lo JC, Gordon NP. Hypertension risk differs by Asian ethnicity across the adult lifespan (2022) Rapid Oral

#### Heart Rhythm Society, HRS (2023 New Orleans)

Zhang S, Hayward R, Solomon M. Flecainide induced wide complex tachycardia (2023)

#### American College of Physicians, ACP National (2022 Chicago, 2023 San Diego)

- Yao J, Lo J, Brickner L, Gordon N. Counting sheep: A survey of sleep quality, health conditions, and advice in a large geriatric cohort (2022) Northern California Chapter Resident Research Winner
- Oh D, Tran N, Ramalingam N, McKaile A, Reidenouer A, Seigel T, Nguyen K, Li C. Stop to plan ahead: comparing resident-led interventions to increase referrals to Advance Care Planning (2022) Northern California Chapter Resident Quality Improvement Winner
- Ramesh N, Hamerski C, Brahler T, Kwaan N. Multimodal management of gastric variceal bleeding in a patient with hemorrhagic shock (2023)

#### American Geriatrics Society, AGS (2022 Orlando, 2023 Long Beach)

- Yang B, Lee DR, Torbati AA, Sarafian SR, Baggs A. Patients' feedback on expanded preoperative geriatric evaluation (2022)
- Oh D, Tran N, Ramalingam N, McKaile A, Reidenouer A, Seigel T, Nguyen K, Li C. Stop to plan ahead: Comparing resident-led interventions to increase referrals to Advance Care Planning (2022) Encore
- Cheng A, Thompson N, Lo J, Gordon N. Racial/Ethnic Differences in social health of older adults in a Northern California healthcare system (2022) 1st Place, Resident Research
- Chu CE, Chandra M, Lee C, Zeltser DW, Darbinian JA, Gordon NP, Lo JC. Humerus and wrist fracture incidence among US Asian and Pacific Islander adults compared to White adults (2023)
- Selvam T, Darbinian J, Ramalingam N, Lo J. Rheumatoid arthritis prevalence in an ethnically diverse population of older U.S. women (2023) 1st Place, Resident Research - Epidemiology
- Yin C, Lo JC, Gordon N. Racial and ethnic differences in patient portal use by older adults in an integrated healthcare delivery system (2023) 2nd Place, Resident Research - Health Services and Policy
- Zhang S, Li C, Lo JC, Gordon N. The digital shift: Are older adults willing to use online forms and questionnaires? (2023) 3rd Place, Resident Research - Health Services and Policy

**American College of Physicians** April 28-30, 2022, Chicago, IL McCormick Place Convention Ctr

**American Heart Association** Nov 5-7, 2022, Chicago, IL McCormick Place Convention Ctr

American Geriatrics Society May 12-14, 2022, Orlando, FL Walt Disney World Swan & Dolphin

## American Society of Clinical Oncology, ASCO (2022 online abstract, 2023 Chicago)

- **Fatoki R**, Carpenter D, Ramalingam N, **Khan A**, Nair B, Stevenson R, Green M, Lo J, Baer D. Smoldering myeloma progression to multiple myeloma in a community-based population (2022) Online only abstract
- Lynch A, Lyon L, Ramalingam N, Whitehead H, Chang M, Liu R. End-of-life outcomes of advanced cancer patients enrolled in palliative care (2023)

## American Thoracic Society, ATS (2022 San Francisco, 2023 Washington DC)

- Macko C, Ingraham AO. Chest X-ray Unremarkable: A case of a "Late Blooming" empyema (2022)
- **Chang J**, Tran N, Nickleberry J, Desai R, Shaw T, Virk L. Development of a patient-driven education and risk prevention tracking tool to reduce hospital acquired pneumonia (2022)
- **Ramesh N**, Velotta JB. Pneumonectomy in an elderly patient with congenital unilateral lung agenesis and recurrent Aspergillus (2022)
- Selvam T, Haghshenas A. A rare case of granulomatous lymphocytic interstitial lung disease in a patient with well-controlled human immunodeficiency virus (2023)
- Macko CA, Liu L, Urbania TH, Liu LH, Doo K. Parn-variant familial interstitial pneumonia and ANCAassociated vasculitis: A challenging case of ILD (2023)
- Ramesh N, Velotta JB. A rapidly progressive spindle cell neoplasm causing subacute dyspnea (2023)

#### CHEST (2022 Nashville)

- Ramesh N, Hamerski C, Brahler T, Kwaan N. Multimodal management of gastric variceal bleeding in a patient with hemorrhagic shock (2022) Rapid fire oral abstract
- Marquez A, Sumner ET, Le PT. Tracheal and bronchial stenosis by chronic uncontrolled gastroesophageal reflux disease (2022) Rapid fire oral abstract
- Yang T, Kwaan N. A novel case of lymphangioleiomyomatosis and pulmonary light chain deposition disease (2022) Rapid fire oral abstract

#### National Kidney Foundation, NKF (2023 Austin)

Zeng B, Darbinian J, Chen K, Lo J, Arzumanyan H, Zheng S. Higher risk of progression to albuminuria among selected Asian subgroups in adults with diabetes (2023)

#### Digestive Disease Week, DDW (2023 Chicago)

Yao J, Jiang S, Ramalingam N, Radhakrishnan K. De-liver-ing the update on autoimmune hepatitis: Recent trends in prevalence of confirmed autoimmune hepatitis in a large northern California population (2023)

#### Northern California Society for Clinical Gastroenterology, NCSCG (2023 Monterey)

Haysbert DB, Wong R, Chitnis A. Trends in Hepatitis B vaccination among persons with diabetes, chronic liver disease, and chronic kidney disease using the National Health Interview Survey (2016-2018, 2021) (2023) *Research Award*

# American Academy of Pediatrics, AAP (2022 Anaheim)

**Huang P**, Ramalingam ND, Chandra M, Darbinian JA, Arroyo AC, Lo JC, Ko J. Asthma prevalence in a heterogenous Asian American adolescent population in California (2022)

# American College of Allergy, Asthma, and Immunology, ACAAI (2022 Louisville)

Huang P, Zhu S, Ko J. Impact of early peanut introduction guidelines on infant tree nut allergy testing (2022)

Am Society of Clinical Oncology June 2-6, 2023, Chicago, IL Conquer Cancer • ASCO Foundation **Digestive Disease Week** May 6-9, 2023, Chicago, IL McCormick Place Convention **CHEST** October 16-19, 2022, Nashville, TN American College of Chest Physicians

#### Annual Assembly of Hospice and Palliative Care, AAHPM (2022 Virtual, 2023 Montreal)

- **Oh D**, Conell C, Lyon L, Ramalingam N, Virk L, Gonzalez R. Association of Chinese ethnicity and language preference with advance directive completion among older patients in an integrated health system (2022)
- Liu JC, Lo JC, Gordon NP. Racial ethnic differences in advance directive completion among middle-aged and older US adults (2023)

#### Endocrine Society, ENDO (2022 Atlanta, 2023 Chicago)

- Yin C, Darbinian J, Lo J, Arzumanyan H. Insulin use among Asian and Pacific Islander adults with diabetes receiving pharmacotherapy (2022) Presidential poster, *Outstanding Abstract Award*
- **Chu C**, Darbinian J, Arzumanyan H, Lo J. Ethnic-specific Variation in body mass index among middle-aged Asian Americans with diabetes (2022)
- Nwosu U, Darbinian J, Lo J, Arzumanyan H. Ethnic differences in albuminuria among adults with diabetes and normal range estimated glomerular filtration rate (2022) Oral abstract, *Outstanding Abstract Award*
- **Zhang S**, Darbinian JA, Greenspan LC, Schwimmer JB, Lo JC. High prevalence of elevated ALT in adolescent females with obesity and PCOS (2023) Oral abstract
- **Zhang S**, Lo JC, Jaffe MG, Arzumanyan H. Serum androstenedione as an additive biomarker in ectopic Cushing's syndrome evaluation (2023)
- Chu CE, Chandra M, Gordon N, Zeltser D, Lee C, Darbinian J, Lo J. Ethnic variation in non-vertebral major osteoporotic fractures among US Asian/Pacific Islander men (2023) Oral abstract, *Outstanding Abstract Award*

#### American Diabetes Association, ADA (2023 San Diego)

**Chu CE**, Rodriguez LA, Chandra M, Greenspan LC, Bacong AM, Lo JC. Prediabetes and associated characteristics among Asian/Pacific Islander adolescents with obesity (2023)

#### Society of General Internal Medicine, SGIM (2022 Orlando)

- Lien I, Enders C. Am-I-The-One to identify amiodarone pulmonary toxicity (2022)
- Yin C, Banerjee S, Yassin M, Dyer W, Schmittdiel J. Readmission rates among patients experiencing homelessness in an integrated healthcare system (2022) SGIM National Young Scholars Award

#### American Medical Women's Association, AMWA (2023 Philadelphia)

**Zhang S**, Lo J, Ramalingam N, **Lien I**, Shiue L. A Culinary Medicine Toolkit for physicians in training (2023) AMWA GME Symposium oral abstract, *GME Innovation Award* 

#### Northern California Chapter of the American College of Physicians, Northern CA ACP (2022 Palo Alto)

Tom N, Lo J, Ramalingam N, Leung J, Chandran C, Gordon N. Smoking prevalence among Chinese men differs by preferred language in a Northern California health plan (2022) *2nd Place, Resident Research* 

**Endocrine Society 2023** June 15-18, 2023, Chicago, IL McCormick Place Convention Society Gen Internal Med 2022 April 1-4, 2022, Orlando, FL Walt Disney World Swan & Dolphin American Thoracic Society 2023 May 21-24, 2023, Washington DC Walter E. Washington Convention

# THE **PERMANENTE** JOURNAL

Special Collections thepermanentejournal.org/special-collections

Lynch A (Guest Editor). Entering the Era of Palliative Care Wick JM (Guest Editor). The Impact of Social Determinants of Health and Interventions to Improve Health Equity Banerjee S, Liu J (Guest Editors). What Is Global Is Local: Health Care Lessons from Around the World