



KAISER NORTH BAY CONSORTIUM CLERKSHIP HANDBOOK 2021

Welcome to the Kaiser North Bay Consortium clerkship program. It is our goal during your month with us to provide an experience memorable for its educational value and to include you as an integrated member of our team. Please read through this manual both before and upon arrival and refer to it as needed. For more information on the residency program as well as our residents and attendings, visit our website at, <https://residency-ncal.kaiserpermanente.org/programs/podiatry/vallejo/>.

Vallejo/Vacaville Attendings

Ronald Paterno, DPM, Department Chief
Gray Williams, DPM, Program Director
Ninveh Omlin, DPM, Associate PD and
Clerkship Director
Kyle Willson, DPM, V/V Site Director
Steve Seibert, DPM
Klaus Kernbach, DPM
Ruth Peace, DPM
Thomas Ney, DPM
Lance VanWoy, DPM
Donny Sellenreik, DPM

Department Manager:
Ronetta Morgan

Residents

Zachary Brooks, DPM, Chief Resident
Caroline Ko, DPM, Chief Resident
Raddison Veater, DPM, Chief Resident

Rabeea Abbas, DPM, Resident II
Monica Jung, DPM, Resident II
Stuardo Trigueros, DPM, Resident II

Jae Yoon Kim, DPM, Resident I
Christopher Nguyen, DPM, Resident I
Manuel J. Ramirez, DPM, Resident I

Santa Rosa Attendings

Thomas Jordan, DPM, Department Chief
Nina Babu, DPM, Rotation Director
Elizabeth Pullido, DPM
Sharon Wiles, DPM
Kenneth Lopez, DPM
Edward Lopez, DPM

Department Manager:
Alicia Wiebmer

San Rafael Attendings

Danny Choung, DPM, Ortho/Podiatry
Chief
David Lin, DPM
Jonathan Graham, DPM

Department Manager:
Berta Bejarano

General Info

The GME Coordinator will be in contact with you regarding a checklist of health clearances and requirements you must submit before your start date.

As part of your onboarding, you are required to complete and return a Med Student Packet along with the following items:

- Headshot/Picture
- Driver's License/ID
- Letter of Good Standing
- Immunizations/Titers and PPD Results
- N95 FIT Test Results
- HIPAA Training Certificate

PPD Skin Test/QuantiFERON:

An up to date PPD Skin Test reading valid through your entire rotation *OR* a QuantiFERON result within 3-months before the start of your rotation is required

N95 FIT Test:

Please be sure to get FIT Tested at your school before your start date send proof of completion with your mask size once you've completed it

Take before your arrival:

COVID-19 Training Module

To be taken on your first day through KP Learn:

Health Connect Training

COVID-19 Training

MAXAIR CAPR Training 2021

If you are ppd + or have other health clearance issues, your files must contain documentation that you are under the appropriate treatment or monitoring.

You will receive a systems Username and Password which enables you to access our computer systems and Electronic Medical Record System (Health Connect).

The clerkship month divides time between Kaiser Vallejo and Kaiser Santa Rosa with 2 weeks in each location. You will be randomly assigned to one site or the other unless you notify us of a preference.

Clinic attire is preferred during outpatient clinic experiences – shirts and ties for gentlemen and office attire for women. Scrubs will be provided to you as appropriate surgical attire and should be placed in the laundry bins at the end of each day; do not wear them to and from home per hospital policy. Change them any time there is any possibility of being soiled. Wear a white coat with your Kaiser ID

displayed above the waistline. Fill your pockets with the usual suspects (stethoscope, bandage scissors). Avoid all perfume and cologne.

For meals during your rotation, you have a **\$12/per day max** benefit at our KP Vallejo, Vacaville, and Santa Rosa cafeterias. At the register, please ask for the Podiatry Resident Sign-In Sheet and write in the date, your name, “med student,” and the amount.

Unfortunately, housing is not provided. For housing information, contact the Chief Resident or GME Coordinator. It is recommended that you have a car during the month as public transportation in the Northern SF Bay area is poor. We have great access to electronic journals and textbooks so there is no need for you to transport bulky texts/literature.

Responsibilities & Expectations

Take an active role. Be proactive and look for the most educational experience available at all times. Sitting in the resident office waiting for someone to tell you what to do is generally discouraged as the whole team is very busy and focused on getting work done.

- Shadow attendings or residents during clinic. Never initiate contact with a patient unless approved by the clinician or resident. Do introduce yourself as a podiatry student and tell them who you are working with so that patients know your role. Asking, “Do you mind if I get started and have Dr. X come in shortly?”
- Always review the EMR completely before seeing a patient so you know who they are, why they are here, what the existing plan of care may be, and all about their general medical status. It is a very poor practice to see a patient “blind” like you are asked to do in school clinics, so plan to stop that practice now and forevermore.
- Assist the rounding residents with the collection of inpatient laboratory information and rounding duties. Before you leave each day, ask the residents when to be available for rounding or OR the following day.
- Scrub all elective surgeries (and add-on as desired). Assist the resident in preparation of the surgical suite (local anesthetic, tourniquet, gloves, etc).
- You are not responsible for weekend duties with the resident on call. Take this time to enjoy the northern San Francisco Bay area. We are an active department (full of cyclists, hikers, surfers, outdoor enthusiasts) and can recommend a myriad of activities to meet your interests.

Goals and Objectives for KNBC Clerkship

I. Trauma

1. Be able to recognize and describe different fracture patterns on X-ray
2. Understand when to order advanced imaging
3. Understand the rationale for operative vs. nonoperative treatment of trauma
4. Understand and verbalize basic classification systems
(Lauge Hansen, Danis-Weber, Sanders, Gustillo-Anderson to name a few)

II. Reconstructive Rearfoot and Ankle Surgery

1. Understand basics of evaluation of reconstruction
2. Understand the basic rationale of surgical treatment and decision making
3. Understand various conservative options before reconstructive rearfoot surgery
4. Understand pain management including narcotics, multimodal analgesia, and risks of opioids

III. Forefoot Surgery

1. Understand the basics of bunion evaluation
2. Understand the rationale of Lapidus vs. Austin
3. Understand basics of post-operative management
4. Understand normal and abnormal radiographic anatomy

IV. Outpatient Clinical Experience

1. Understand workup of biomechanical foot pain
2. Understand workup, patient education, and path to surgery for outpatient surgical consults such as bunions, hammertoes, arthritis, and deformities
3. Understand conservative trauma management including immobilization, weight-bearing, initiation of active rehabilitation, tissue healing principles, and contribution of medical comorbidities including obesity and chronic disease.

V. Diabetes and PVD Management

1. Understand the basics of wound care
2. Understand the basics of evaluation of the infected diabetic
3. Understand reconstructive surgery of diabetics to prevent ulceration
4. Understand the etiology of diabetic ulcerations and PVD
5. Understand inpatient management of common diagnoses with admission criteria, management of sepsis and infections including osteomyelitis, decisions for surgery, and timing of vascular workup and healing issues.

VI. Academics

1. Understand the value of literature and focus on Evidence-Based Medicine principles
2. Understand and execute Journal Review and Article presentation basics
3. Skillfully present an assigned topic at Journal Club
4. Participate in Weekly Academic Half Days at Vallejo/Vacaville

Supervision Grid

Podiatry Students see patients and perform various activities only under direct supervision by attending staff and/or residents in both the inpatient and outpatient setting. All documentation in the Electronic Medical Record is for educational purposes only. This means that your note cannot be simply signed by an attending as this has consequences for medical billing (you are not a licensed practitioner so cannot make diagnosis and treatment recommendations). Students cannot write orders or prescriptions in the EMR.

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| Operating Room | Direct supervision by attending |
| Clinic Visits | Direct supervision by attending or resident |
| Inpatient Rounds | Direct supervision by attending or resident |
| H&Ps, Progress Notes, etc. | Review only |
| Order to Admit | No |
| Order to Discharge | No |
| General Orders | No |
| Discharger Summaries | No |
| Transfer Summaries | No |
| Prescriptions | No |

Kaiser Vallejo Specifics

During your 2 weeks at Vallejo, you will be a part of all things podiatric. In other words, we want you to be where the action is to get the most education out of your experience. Generally, this means you will participate in all clinics, surgeries, hospital work (rounding, consults), and weekly educational didactics (lectures, journal club, radiology rounds, grand rounds). We have designated surgical blocks on Monday and Friday in Vacaville and Thursday in Vallejo. You are also invited to participate in after-hours and add-on surgical cases but are not obligated to attend. Seek out the chief resident for all questions.

Directions to Kaiser Vallejo - 975 Sereno Drive Vallejo, CA 94589

- From I-80 in Vallejo take the Redwood West exit; turn Right on Redwood; Turn R at the second light: Tuolumne St.
- Turn L at the second light: Sereno Drive
- Turn L at the light marked 'Kaiser Entrance' and proceed straight to the parking garage at the back end of the campus – see attached map.

Kaiser Santa Rosa Specifics

In Santa Rosa, just as you do in Vallejo/Vacaville, you will participate in all clinics, surgeries, hospital work (rounding, consults), and educational didactics (lectures, journal club, radiology rounds).

- On clinic days, you will be assigned to a certain attending to shadow.
- You will be in the operating room with the residents for surgical cases.
- Block days are Tuesdays, Thursdays, the 2nd and 4th Wednesday of the month, and the first Friday of the month.
- You are also invited to participate in after-hours and add-on surgical cases but are not obligated to attend.

Our Graduate Medical Education coordinator, Laurie Sousa (Laurie.sousa@kp.org) will reach out to you a week or 2 before your scheduled arrival time and give you instructions about where to check in with her on Monday of your first day. She will provide you with some onboarding paperwork and a Kaiser badge.

The site coordinator at Kaiser Santa Rosa is Dr. Babu and she can be contacted at or nina.babu@kp.org or (707) 570-3120.

Directions to Kaiser Mercury Way Santa Rosa Clinic - 2240 Mercury Way, Santa Rosa, CA 95407

- From Hwy 12 Westbound, exit Stony Point Road.
- Turn left onto Stony Point
- Turn right onto Sebastopol Road
- After about 1-mile turn left onto Commerce Blvd
- The Mercury Way Office is about ¼ mile
- Our office is located on the 1st floor, all the way down the hall. Check-in with the receptionist you will let you in the office

*Kaiser San Rafael Specifics for TAR Shadowing Experience

Dependent on TAR surgery scheduling during your KP Santa Rosa rotation, you may have the opportunity to witness a TAR in action at KP San Rafael by our very own, and one of the most experienced & brilliant TAR surgeons in the nation, Dr. Danny Choung!

As part of your experience with us, you may be asked to go to KP San Rafael on one of your Fridays during your KP Santa Rosa rotation. If a TAR is scheduled, our Chief Resident will provide you with the scheduling details during your rotation.

Directions to Kaiser San Rafael - 99 Montecillo Rd, San Rafael, CA 94903

- From Hwy 101 South towards San Rafael, exit Freitas Pkwy toward Terra Linda
- Turn right onto Manuel T. Freitas Pkwy toward Terra Linda
- Turn left onto Las Gallinas Ave.
- Turn right onto Nova Albion Way and turn right into the parking lot