

Research & QI Curriculum

At the Kaiser Permanente Santa Rosa Family Medicine Residency, Program, we involve residents in clinically relevant, community focused, patient centered research.

Rachel Friedman, MD Associate
Program Director

Shannon McDermott, PhD. Research
Project Manager



Curriculum highlights

- Hands on research and QI experiences
- Faculty mentorship
- Research shark tank
- Monthly Journal Club
- Writing group
- Faculty research strengths: Patient Centered Care; Health Impacts of Disasters; Health Equity; Integrative Health & Wellness; Academic Medicine & Education

Resources Available

- Dedicated research time
- Dedicated Research Project Manager
- Dedicated support from the KP Division of Research
- Research librarian
- Conference funding
- Access to Kaiser Permanente databases for research purposes

Selected Publications and Presentations: 2017-2020

- Friedman R, Shaver J, McDermott, S (2019-2020) The MEND Study: Mitigating the Effects of Natural Disasters with telehealth services. CB Grant, \$73,000.
- Koida D, Friedman R, Hiserote P, McDermott S. (2019, May) Formalizing the inclusion of patient centered care in the resident selection process. UCSF Family and Community Medicine Colloquium; San Francisco, CA.
- Braun A, Lamb L. (2019, April) Implementing a longitudinal curriculum to improve Behavioral Medicine training for Family Medicine Residents. Society for Teachers of Family Medicine Spring Conference; Toronto, Canada.
- Hamilton C, Meckler J, Alfaro M. (2019, May) Expanding scope to include prenatal care in family medicine residency clinic. UCSF Family and Community Medicine Colloquium; San Francisco, CA.
- Friedman, R., Hiserote, P. (2018, April). Resilience and recovery: the role of telemedicine in primary care access and physician wellbeing after disasters. Poster session presented at UCSF Family and Community Medicine Colloquium, San Francisco, CA.
- Yoo, M. (2018, April) The Effect of Reversal of Anticoagulation Preoperatively on 30 Day Mortality and Outcomes for Hip Fracture Repair: The RAP Hip Study. Poster Presentation at ACP Internal Medicine Meeting, New Orleans, LA.
- Mertz, M and Earl, C.(2018) Labor Pain Management. In "Integrative Medicine, 4th Edition, David Rakel ed, Philadelphia, Elsevier.
- Yoo, M., et al (2017-2019) PI on IRB grant entitled: Simulation of Inpatient Medical Critical Events for Physicians at a Community Hospital: the SIMPACT Study, Kaiser Permanente, Santa Rosa, CA.
- Hiserote, P. (2017, April). Integrating Osteopathic Manipulative Treatment with the Care of Chronic Pain Patients. Presented at The Future of Comprehensive Healthcare Conference, Petaluma, CA.



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