

KP Napa Solano Family Medicine Community Outreach and Activities

The KP Napa-Solano Family Medicine Residency Program is committed to the equitable care of underserved populations locally and abroad. Residents, faculty, and medical students associated with KPNSFMRP have participated in multiple community-based outreach efforts both locally and globally.

Regular Participation (the following organizations/clinics benefit from volunteer participation from multiple residents, medical students, and faculty throughout the academic year):

- La Clinica Procedure Clinic (multiple attending physicians, medical students, and residents)
- La Clinica Continuity Clinic (all resident physicians)
- Pipeline Program – Jesse Bethel High School Students/Napa Valley Community College Students (lead: Ruben Gonzalez; participants: medical students, residents, faculty)
- Youth Leadership Series forum (residents, faculty)
- Jesse Bethel School Clinic (in partnership with KP NP Anne Sondheim) – (residents)
- Vallejo People’s Garden – volunteer work (residents, medical students, faculty)
- Up Valley Family Health Centers – health education seminars (residents)
- Local-Global Summer Internship (Tessa Stecker, Juleon Rabbani, Ruben Gonzalez)
- Solano County Food Bank (residents)
- Touro Student Run Free Clinic – precepting medical students and observing OMT work (residents)

Organization / Project Name	Location	Project Details
Resident Community Medicine Rotation: - 2 week rotation with multiple community opportunities	Various locations around Napa, Vallejo, Fairfield	2 week rotation with multiple community opportunities including ride-a-longs with the Vallejo People Garden, La Clinica, Ole Health, Jesse Bethel School Clinic, Up Valley Family Centers, Touro Student Run Free Clinic, Food Bank of Contra Costa and Solano Counties, Habitat for Humanity, Greater Vallejo Recreation District, Global Center for Success; and various health fairs/community engagement opportunities
Medical Student Rotations (Community Medicine Sub-Internship, Global Health Sub-Internship, Latino Health Sub-Internship) – similar opportunities to resident rotation	Various locations around Napa, St. Helena, Calistoga, Vallejo, Fairfield	4 th year medical students rotate through various community clinical and educational experiences with additional focused experiences in Latino Health or Global Health depending on the chosen track
La Clinica Longitudinal Clinic (residents)	La Clinica (FQHC) Vallejo	Residents rotate at La Clinica every 6 weeks and see patients with La Clinica providers
La Clinica Procedure clinic (residents/fellows/faculty)	La Clinica (FQHC) Vallejo	Fellows/faculty oversee a minor procedure clinic once a week in the afternoon (residents/medical students attend when possible)
Community Medicine and Global Health Fellowship Clinical Duties - Ole Health clinic - La Clinica clinic	Ole Health (FQHC, Napa) La Clinica (FQHC, Vallejo)	Fellows see same day/urgent care patients at Ole Health and La Clinica as part of a 13-month long fellowship

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Medical Scholars Program	Napa Vallejo	Provide community college students with high quality premed experiences (leadership/professional development, community outreach, research/scholarly work) to augment their competitiveness for medical school
Public Health Internship	Vallejo	<p>PHR interns are matched with residents, fellows and faculty to create patient-centered and community-based projects. Components include a scholarly project, applied public health practice and mentorship.</p> <p>A Snapshot of Health Patterns in Napa Valley Farmworkers. Kasey Wilson. Touro University PA/MPH Program.</p> <p>Demographic and Clinical Factors Influencing HgbA1C Goal Attainment Among Kaiser Permanente Napa-Solano Diabetic Patients. Nicholas Alonzo. Touro University. PharmD/MPH Program.</p> <p>Differences in Antibiotic Use by Visit Modality: Telemedicine vs In-Person Visits. Nicholas Alonzo. Touro University. PharmD/MPH Program.</p> <p>Demographic and Clinical Factors Associated with Emergency Department Visits Among Kaiser Permanente Napa-Solano Medi-Cal Patients. Keith Jackson. Touro University. PA/MPH Program.</p> <p>Introduction to Diabetes Medication (Video). Keith Jackson. Touro University. PA/MPH Program.</p> <p>Health patterns among rural community members in Comayagua, Honduras: Conducting an epidemiological needs assessment among an unstudied population. Avneet Arora. UC Berkeley. MPH Epidemiology Program.</p> <p>Implicit Bias among Family Medicine Residents. Avneet Arora. UC Berkeley. MPH Epidemiology Program.</p>
VCUSD School Scholarly Work (R1's, R2's, R3's)	Vallejo	<p>Over the course of 3 years, resident classes evaluate the needs of VCUSD, identify community partners, develop a health promotion project, implement a project, and formally present the project</p> <p>Class of 2017: Reducing self-reported stress symptoms in Vallejo high school students using the Screening Tool for Awareness and Relief of Trauma (START) tool – the ReSSt study</p> <p>Class of 2018: Preventing Teacher Burnout: Mindfulness and Self-Compassion Support Groups for Elementary School Teachers</p> <p>Class of 2019: Demographic, Clinical and Social Factors Associated with Sexually Transmitted Infections among Northern Californian Teenagers (13-17) in an Integrated Health System</p> <p>Class of 2020: Risk Factors Associated for Suicidality among Kaiser Permanente Northern California Adolescents</p>
KPSOARS (KP Specialists Offering Access to Referral Services)	Vallejo (partnership with La Clinica)	A short-term specialty-access referral program for uninsured patients at La Clinica (both Vallejo locations) – generally 6 months of coverage for the specialist service, primary care still managed by La Clinica

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		Fellows manage program – multiple residents/faculty attend monthly meetings to review applications and follow up on previously accepted patients
KP Vallejo 3 rd Floor Garden	Vallejo, 3 rd floor rehab dept	3rd floor garden to provide a medium for adaptive and therapeutic gardening for patients and caregivers and support community graduate education programs.