

Obstetrics and Gynecology Residency Program

Kaiser Permanente Oakland and Richmond Medical Centers

KNOWLEDGE APPLIED

NORTHERN CALIFORNIA RESIDENCY PROGRAMS

Kaiser Permanente has been committed to graduate medical education for more than 60 years.

Kaiser Oakland's Obstetric and Gynecology Residency Program provides academic training within a world-class health care organization for a large patient population. We foster the professional and personal development of our residents in an integrated, scholarly and supportive, managed-care environment. We follow patients longitudinally through all aspects of the continuum of care, giving our residents exposure to principles of population management, evidence-based medicine, quality improvement and team-based acute and chronic care – the cornerstones of Kaiser Permanente medicine.

Program Highlights

In 1947, shortly after opening its doors for patient care, Kaiser Permanente's Oakland Medical Center instituted a residency training program in Obstetrics and Gynecology. Today, all inpatient obstetrical care takes place at the Oakland Medical Center with both the Oakland and Richmond facilities supporting gynecologic surgery. Our residents participate in outpatient gynecologic and obstetrical care in the Oakland, Pinole and Richmond facilities.

The primary mission of our Obstetrics and Gynecology Residency Program is to provide a superior post-graduate medical education experience. Key elements of our program include a rich and varied patient population, a wide range of opportunities for teaching, learning, research and practice in a supportive environment that features protected teaching time and a night float system.



We have high expectations for our residents and our selection process is very competitive. Our program fills four categorical positions each year.



"The diversity of the patients and the variety of the medical problems we treat in the East Bay provide excellent training for our residents.

Over my tenure as Program Director (which started in 2007) we have seen incredible growth in our department including all sub-specialty areas with an unsurpassed dedication to teaching and to the growth of our residents as obstetricians and gynecologists.

Our program's objective is to support each individual resident while they work to attain their unique professional goals. Without question, our greatest asset is the people we work with: our patients, our support staff, and each other."

Laura Minikel, MD
Program Director

KAISER
PERMANENTE® thrive 

Obstetrics and Gynecology Residency Program

Kaiser Permanente Oakland and Richmond Medical Centers



C-section simulation



MUA simulation

“What makes us unique is our training pairs. Every intern is paired with a third year resident and the pair functions as one resident for the first 4 months of residency. Each individual intern gets to learn at their own pace and we are challenged when it is time to be a “trainer”. I thought training pairs were great when I was an intern but I think I have learned a lot more as the trainer than the trainee and appreciate the structure even more now .”

- Chief Resident

“After graduation I have realized what incredible training we truly have at Kaiser Oakland. We see a wide variety of pathology and our surgical experience (particularly laparoscopy) is excellent. I feel comfortable as a new attending and confident in my skills.”

- Recent Graduate



Intern Welcome Party 2016

Curriculum

Our curriculum is robust and provides a strong foundation to be an excellent Ob/Gyn Generalist or to pursue fellowship. Over the past five years, seven of our twenty-five graduates have pursued fellowships – Palliative Care at UC-Davis; Family Planning at Stanford; Female Pelvic Medicine and Reconstructive Surgery at Good Samaritan Hospital in Cincinnati; Women’s Health Clinical Research at UCSF/Veterans Administration Hospital; Female Pelvic Medicine and Reconstructive Surgery at UT-Southwestern; Minimally Invasive Surgery at the University of Rochester and Family Planning at Emory. Fourteen of the twenty-five graduates remained at Kaiser Permanente throughout the state of California.

One of the unique aspects of our program is the opportunity to have a one month elective in each of the PGY3 and PGY4 years. Many of our residents participate in global health experiences although the month may be used to further any specific area of interest a resident may have. Our residents have spent time in Peru, Ecuador, Nicaragua, Kenya, Argentina, Vietnam, Guatemala, and Cambodia. Additionally, our residents have used the month to participate in everything from additional sexual health training to spending time at possible fellowship sites.

Didactics: We give our residents clear guidelines for the material we expect them to learn, and we offer instruction in multiple formats, including patient care, didactic lectures, simulation, case conferences, surgical skills labs, Ob Olympics, Gyn Olympics and mock oral examinations. We have protected teaching time every Tuesday morning in addition to the following noontime and Thursday morning conferences:

- Obstetrical morbidity and mortality (M&M)
- Surgical M&M
- Perinatal M&M
- Pre-operative conference
- Fetal Treatment conference
- Genetics/perinatal ultrasound conference
- Gynecologic radiology conference
- Grand rounds
- Journal club
- Resident research presentations

Obstetrics and Gynecology Residency Program

Kaiser Permanente Oakland and Richmond Medical Centers

Research

Our goal is to familiarize residents with research study techniques through first-hand experience in conducting research and presenting their findings. We hope that our residents will find this academic pursuit invigorating and that a spirit of scientific inquiry and a critical interest in research will be a cornerstone for their growth as obstetricians and gynecologists.

Required Project: Residents are required to present a research project at the Kaiser Permanente Northern California Obstetrics and Gynecology Resident Research Symposium. This symposium is held in conjunction with Kaiser Permanente's Obstetrics and Gynecology Residency Programs in San Francisco and Santa Clara.

2015 Resident Research Projects:

- "The OASIS (Obstetrics Anal Sphincter Injuries: The Real Culprit. ***Won the "Greatest Potential Impact Study" resident research award**
- Maternal Race/Ethnicity and Cervical Insufficiency.
- Effects of Bevacizumab on survival in Patients with Endometrial Cancer.
- Pregnancy Outcomes after Diagnosis of Fetal Anomaly.



Rotation Schedule

PGY 1

3 months – Obstetrics Service
3 months – Gynecologic Surgery Service
6 weeks – Night Float
1 month – Medicine Service
1 month – ICU
2 weeks – Maternal-Fetal Medicine
2 weeks – Emergency Medicine
2 weeks – Neonatal Resuscitation
2 weeks – Pathology
2 weeks – Ultrasound

PGY 2

3 months – Obstetrics Service
3 months – Gynecologic Surgery Service
6 weeks – Night Float
2 months – Ob/Gyn Clinic with Family Planning Rotation
1 month – Gynecologic Oncology Service
2 weeks – Ultrasound
2 weeks – Breast Rotation
2 weeks – REI Rotation

PGY 3

3 months – Obstetrics Service
3 months – Gynecologic Surgery Service
2 months – Ambulatory Clinic
6 weeks – Night Float
6 weeks – Gynecologic Oncology Service
1 month – Elective

PGY 4

3 months – Obstetrics Service
3 months – Gynecologic Surgery Service
2 months – Ambulatory Clinic
6 weeks – Gynecologic Oncology Service
6 weeks – Night Float
1 month – Elective



2016 Resident Research Symposium

PATIENT DIVERSITY. URBAN SETTING. ACADEMIC FOCUS. SUPPORTIVE ENVIRONMENT. PHYSICIAN EXCELLENCE.

Obstetrics and Gynecology Residency Program

Kaiser Permanente Oakland and Richmond Medical Centers

Lifestyle

We understand the personal and academic demands of residency training, and encourage our residents to form bonds and socialize with each other outside of the hospital setting. The San Francisco Bay Area, with its vibrant cultural life, temperate climate and vast array of outdoor recreational activities, is arguably one of the best places to live in the world. Oakland is a sophisticated, metropolitan community known for its diverse population and tolerant spirit. It boasts excellent restaurants, world-class performing arts, professional sports teams, fascinating museums and beautiful parks. And it is just hours away from skiing, camping, surfing and natural wonders like Lake Tahoe and Yosemite National Park.



Interns with PGY3 Trainers 2016

Clerkships

Students from the University of California, San Francisco (UCSF) rotate through our program during their core third year Ob/Gyn clerkship and in the KLIC Program. The KLIC Program is a longitudinal third year medical student experience. Interactions with these students enable our residents to enhance their teaching skills. Fourth-year medical students also rotate through our department during sub-internships. Clerkships are encouraged but not required for applicants who are seriously considering our residency program.



Spring Retreat 2016



Graduation 2016



More Information

Thank you for your interest in our program. To learn more or to apply for a sub-internship, please call GME Coordinator **Veleta Whitfield**: Office (510) 752-1932 or email veleta.l.whitfield@kp.org (Email preferred)

Learn more at:

<http://residency-ncal.kaiserpermanente.org/programs/obgyn/oakland/>

Find us on Facebook, Twitter and YouTube.